

Sports Studies RO51 LO2

Knowledge organiser

<u>Key word</u>	<u>Definition/Acronym</u>	<u>Example</u>
Sporting values	INFECTT	<ul style="list-style-type: none">• Inclusion• National pride• Fair play• Excellence• Citizenship• Team spirit• Tolerance and respect
Olympic values	REF	<ul style="list-style-type: none">• Respect• Excellence• Friendship
Paralympic values	DICE	<ul style="list-style-type: none">• Determination• Inspiration• Courage• Equality
Sportsmanship	Fair play	<ul style="list-style-type: none">• Following the rules• Treating opponents and referee with respect• Shaking hands• Kicking ball out of play during an injury
Gamesmanship	Bending the rules	<ul style="list-style-type: none">• Time wasting• Diving• Pretending to be injured
Performance enhancing drugs	Drugs taken to improve the performance of an athlete	<ul style="list-style-type: none">• Lance Armstrong (cyclist) – blood doping• Dwain Chambers (athlete) – steroids• Shane Warne (cricketer) – diuretics
WADA	World Anti-doping agency	<ul style="list-style-type: none">• Blood• Hair• Urine• Nail